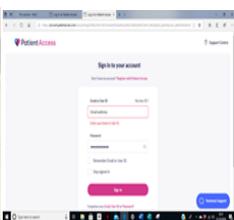


The Health & Beyond Partnership would like to take this opportunity to promote our new newsletter. We hope you are keeping yourself safe and well during these unprecedented times. Hopefully you will find the newsletter informative and if you would like to have any other subjects included in a future edition please let us know. We would also be keen to hear about your experiences be that good or bad so we can improve our service to you. If you would like to contribute or feedback please contact me by email on anita.small@nhs.net or by phone on 01902 342152

Top stories in this newsletter



Top Story - Flu Vaccine and Corona Virus



Appointments and Patients Access



Blood tests
(hyperlink to story)



Baby Immunisation
(hyperlink to story)

Top Story



Flu Vaccine and Coronavirus (Covid-19)

Changes have been made to make sure its safe for you to have the flu vaccine at our GP Surgery and pharmacies. These changes include social distancing, hand washing and the wearing of protective protection equipment.

The Flu vaccine is safe and effective. It's important because:

- If you're at higher risk from Coronavirus, you're also more at risk from problems and flu
- If you get flu and coronavirus at the same time, research shows you're more likely to be seriously ill
- It will help to reduce pressure on the NHS and care staff who may be dealing with coronavirus

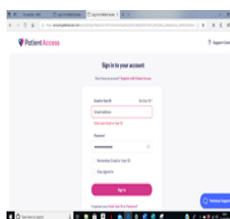
If you've had the coronavirus it's safe to have the flue jab.

Flu Clinics.

We have held flu clinics at Bilston Urban Village, Woodcross Medical Centre, Church Street Surgery and Parkfields Medical Centre.

The flu clinics are being updated on a regular basis. For an update of our next clinic please call you GP practice. (Please avoid first thing in the morning as lines may be busy) Appointments can be booked online at <https://2meters.app/customer/> or on the telephone at your GP Practice.

Appointments and Patients Access



We are sorry but due to Covid-19 we are currently reviewing the demand on appointments. So the online booking of appointments is no longer available You will need to call your GP practice to book for a call back by your GP/ nurse who will assess your symptoms on the telephone. Following the telephone assessment If it is that you need to be seen face to face we can offer appointments at Parkfield Medical Practice or Bilston Urban Village Medical Practice. For anyone showing symptoms of Covid 19 you can be referred by your GP to Ettingshall Medical Centre.

You can still log in to gain access to your GP records and you can reorder your regular repeat prescriptions via the Patients Access platform so it can be sent direct to your nominated pharmacy. This will make getting your medication easier as we cannot accept repeat prescription requests direct over the telephone. If you do not have access please ask your GP practice for further information.

Blood tests



Unfortunately since the 10 August 2020 a walk in service is no longer available. Therefore community blood tests will only be available by appointment only.

For more information about when and where you can have your blood test please visit

<https://www.royalwolverhampton.nhs.uk/services/service-directory-a-z/phlebotomy>

If you do not have access to the internet please call **01902 442607**

Baby Immunisation



This service is available from Bilston Urban Village and Parkfield Medical Centre. Please contact your surgery for an appointment.

<https://www.nhs.uk/conditions/vaccinations/vaccination-appointment-tips-for-parents/>

- Remember to take your Personal Child Health Record (PHCR) usually known as the 'Red Book'
 - Dress your baby or toddler in easy to remove clothes as a baby under 12 months will have their injection in their thigh and a toddler will have it in their arm.
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Smear Tests



For information please view <https://www.nhs.uk/conditions/cervical-screening/>

This service is available from Bilston Urban Village and Parkfield Medical Centre. Please contact your surgery for an appointment

Carer Support

During the Coronavirus Covid-19 lockdown The Carer Support team at Wolverhampton City Council are offering well-being calls. They are able to link into community support helping carers with barriers around shopping, collecting medication or any other issues around your caring role you may be worried about. Please don't hesitate to contact the team on **01902 553409** if you know someone who is struggling or if you want some friendly help or guidance.

As part of their service Wolverhampton City Council are offering carer support / community support service for anyone feeling isolated, lonely or anxious during these times through their "Be safe be kind" project. You can access this by calling: **01902 553445** or

Email: community.support@wolverhampton.gov.uk

Wolvescommunityoffer on Instagram or Twitter

What we have done to work around Covid-19

To protect our patients and staff we have risk assessed all our surgery sites and assigned each site a category as listed below:

1. Red Zone — Seeing patients face to face who are Covid-19 suspected or positive
2. Amber Zone— Seeing patients face to face with other medical conditions
3. Green Zone— Call handling sites with no face to face contact
4. Blue Zone— Administration Teams only

Surgeries

1. Red Zone — Ettingshall Medical Centre (Covid-19 Site)
 2. Amber Zone — Bilston Urban Village and Parkfield Medical Centre
 3. Green Zone — All Saints, Caerleon and Church Street
 4. Blue Zone— Grove Medical Centre and Woodcross
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Useful Contacts

- Age UK : Tel: 01902 877550 or 01933 417377
 - Alzheimers Society : Tel: 0333 150 3456
 - Carers UK : Tel: 020 7378 4999
 - Compton Care: Tel: 01902 774570
 - Dementia UK : Tel: 0333 272 3102
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